

Chic Chats

Reflections:

What do I value and respect about my husband?

How often do I criticize or encourage him?

“A man finds joy in giving an apt reply—and how good is a timely word!” Prov. 15:23

Reflections:

What activities and responsibilities have I said “Yes” to that I know in my heart I shouldn’t have?

“In his heart a man plans his course, but the Lord determines his steps.” Prov. 16:9

Reflections:

In my life, I have many different roles, and that sometimes leads to people judging me. I’ve acquired different kinds of labels from people. Some labels I actually believe and find myself bound and tied by them. (I’m a “Helper”; I’m “Miss Perfect”; I’m a “Hard Worker”; I’m a “Leader”; I’m the “Healer”; I’m the “perfect wife/mother”, etc.)

Have I struggled to move past the labels I have had in my life? How can I begin to see myself with only the label of “child of God”?

“How great is the love the Father has lavished on us, that we should be called children of God! And that is what we are!” 1 John 3:1

Reflections:

“Sometimes the girl who’s always been there for everyone else, needs someone to be there for her.” Author Unknown

Am I feeling this way right now? What’s causing that feeling?

“Do not forsake your friend and the friend of your father, and do not go to your brother’s house when disaster strikes you---better a neighbor nearby than a brother far away.” Prov. 27:10

Reflections:

Do I feel overloaded and overwhelmed? Perhaps something needs to be edited out of my schedule.

What changes can I make so I have more balance and peace?

“I know that there is nothing better for me than to be happy and do good while they live. That everyone may eat and drink, and find satisfaction in all his toil—this is the gift of God.” Ecclesiastes 3:12,13

Reflections:

Identify a time in your life that was difficult. View your current circumstances in light of that difficult time. Thank God for what He is doing in your life today.

“I love the Lord, for he heard my voice; he heard my cry for mercy. Because he turned his ear to me, I will call on him as long as I live.” Psalm 116:1,2

Reflections:

What is getting the best of me today? Anger? Bitterness? Depression? Fear? Resentment? Greed? Frustration? Or Christ? Am I willing to release these emotions to God and not let my heart be troubled?

“Finally, brothers (sisters), whatever is true, whatever is noble (honest), whatever is right (just), whatever is pure, whatever is lovely, whatever is admirable--if anything is excellent or praiseworthy--think about such things.” Philippians 4:8

Reflections:

Have you ever been the recipient of a loving gesture/gift? How did it impact your life?

“He who is kind to the poor lends to the Lord, and he will reward him for what he has done.” Proverbs 19:17

Reflections:

Sickness, abuse and death are part of life in a fallen world that God will someday restore. Until then, God may allow me to go through these things. It's not to cause me any undue pain, but rather He allows them and then uses them to accomplish spiritual growth. Charles Stanley explains, “Some things are so important to God that they are worth interrupting the happiness and health of His children in order to accomplish them.”

Have I experienced something like this?

“There is surely a future hope for you, and your hope will not be cut off.” Prov. 23:18

Reflections:

The wives of pastors are “set apart” sometimes – whether we want to be or not – and that can be a burden to bear sometimes. In what ways do you feel set apart? How do you view these situations? How do you connect with your congregation?

“⁷ Serve wholeheartedly, as if you were serving the Lord, not people.” Eph 6: 7

Reflections:

What temptations in your life scare you the most right now? At home? At work? At church? How do you counter temptations when you recognize them?

“¹⁰ Finally, be strong in the Lord and in his mighty power. ¹¹ Put on the full armor of God, so that you can take your stand against the devil’s schemes.” Eph. 6: 10-18

Reflections:

Where do you find pleasure in your life? Think on these things, cherish these and remember them as gifts of a good and gracious loving God, and pray praise and give thanks!

“Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.” Phil 4:8

Closing Prayer